

OBS Online Evening Meeting 7.30 pm

- Welcome (OBS)
- Chanting (Monastics)
- 30 minute guided meditation (Teacher)
- Request for the dhamma talk (OBS)
- Dhamma talk (Teacher)
- Q&A (Participants/Teacher)
- Chanting (Monastics)
- Thank you/Announcements (OBS)
- Paying respects/Goodbyes (Participants)